



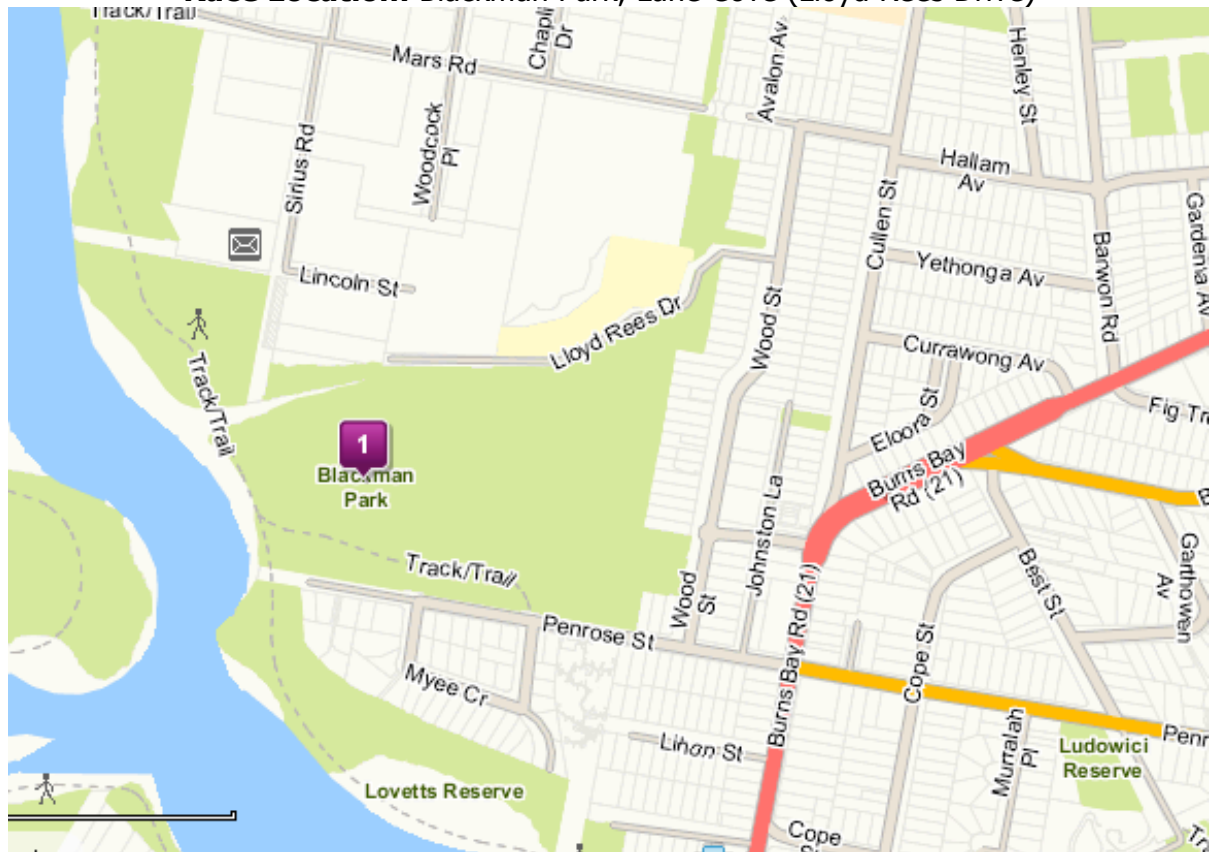
PaddleNSW Marathon 10 Series

Race 8 Lane Cove

Hosted By Lane Cove River Kayakers

Sunday 19th September 2010

Race Location: Blackman Park, Lane Cove (Lloyd Rees Drive)



Entries: 8.00 am to 9.30 am

Briefing: 9.30 am

Starting Time: 10.00 am

Course: Divisions 1,2,3,4,5 & 6 = 20km (4 laps)
Division 7 & 8 = 15km (3 laps)
Division 9 = 10km (2 laps)

Course will be conducted on a 5km lap course, with no portages

BBQ and refreshments available on the day!

