	Race 4	13/06/2010
		Time
1	Cade Barnes	39:35.0
5	Rob Barry	39:46.0
7	Gary David	40:38.0
3	Ian Kennerley	40:50.0
8	Rob Belavic	41:38.0
6	Paul Buttell	43:05.0
23	Ryan O'Grady	43:42.0
24	Jason Foye	44:14.0
27	John Lee	44:26.0
20	Adam Harding	45:22.0
26	Steve Reitz	45:52.0
25	Michael Jennett	46:55.0
22	Ross Walker	47:58.0
42	Luke Macdonald	51:48.0
40	Paul Richards	51:50.0
65	Trudi Barnes	52:01.0
41	Lachlan O'Grady	52:48.0
66	Teresa Johnson-White	54:00.0