	Race 5	20/06/2010
		Time
7	Gary David	40:43.0
46	Dane McKeen	40:43.0
10	Ali Day	40:45.0
5	Rob Barry	41:02.0
8	Rob Belavic	41:51.0
23	Ryan O'Grady	44:03.0
27	John Lee	44:05.0
29	Tony King	44:12.0
24	Jason Foye	44:21.0
22	Ross Walker	45:26.0
20	Adam Harding	45:41.0
26	Steve Reitz	46:31.0
25	Michael Jennett	46:32.0
21	Dave Kohler	48:50.0
42	Luke Macdonald	50:46.0
65	Trudi Barnes	52:45.0
66	Teresa Johnson-White	53:47.0