

| | Race 1 | 4/07/2010 | Mullett Ck | |
|----|----------------------|------------------|-------------|--------|
| | | | Time | |
| 1 | Cade Barnes | | 38:18.0 | |
| 2 | Rob Barry | | 40:28.0 | |
| 3 | Adam Harding | | 42:15.0 | |
| 4 | Ben Squires | | 43:07.0 | |
| 5 | John Burrows | | Time Keeper | |
| 40 | Chris Duffus | | 46:07.0 | |
| 41 | Dave Kohler | | 47:02.0 | |
| 42 | Adam Meridith | | 47:56.0 | |
| 43 | Sharyn Cahill | | 49:16.0 | |
| 60 | Josh Graham | | 0:50:11 | |
| 61 | Samantha Johnson | | 0:50:47 | |
| 62 | Trudi Barnes | | 51:18.0 | Record |
| 63 | Alan Wilson | | 51:53.0 | |
| 64 | Teresa Johnson-White | | 51:56.0 | Record |
| 65 | Gary Ross | | 52:34.0 | |
| 70 | Julie Schofield | | 58:04.0 | |